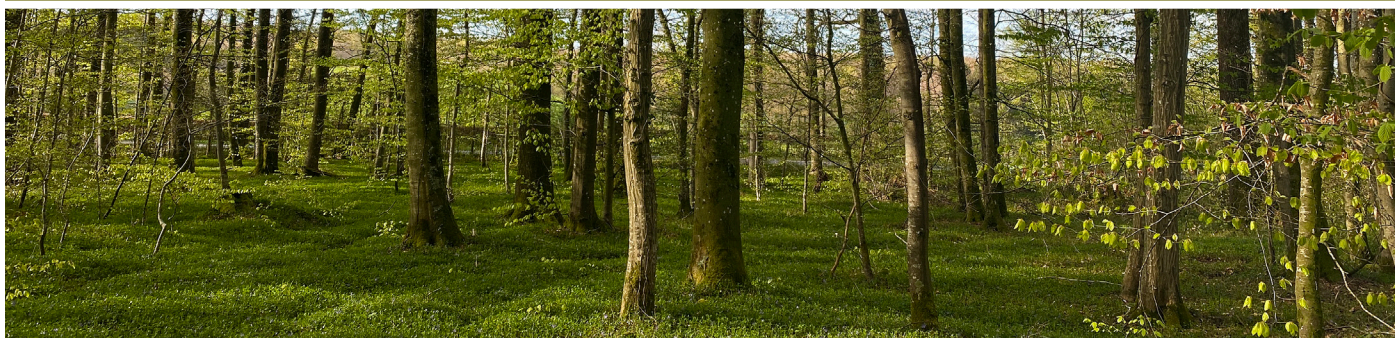


15th EU Forestpedagogics Congress

Forests for Human well-being – more important than ever

02.06.2021 (03.06.2021)



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The evidence on the importance of forests and nature areas, as a whole, for human well-being is growing. Forests provide a wide range of ecosystem services and are more than ever important recreation areas for physical activities, stress relief and relaxation.

A ride through the forest, as a place of quietness, can especially be considered as a privileged moment to escape from the daily life in order for reinvigoration. These experiences help people to reconnect with nature and to awaken their senses.

According to the topic, this year's congress aims to emphasize the well-being functions of our forests with a view to stimulate a holistic forest pedagogical approach and to promote cooperation between the different stakeholders.

Unfortunately, due to Covid, the congress cannot take place physically. Nevertheless, it is important to us although to organize the 15th FP congress in a shortened digital version.



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15th EU Forestpedagogics Congress - Luxembourg

Forests for Human well-being – more important than ever

PROGRAM

Wednesday, 2nd June



Congress Language:
English



Time

Occasion

From 09.30	Warming up, technical checks & information's for a smooth running of the online congress
10.00- 10.15	Opening <i>Moderator: Dr. Laurent Schley</i> <i>Deputy Director – Nature Conservation Agency Luxembourg</i> Opening film Welcome speech - Minister of Environment – Carole Dieschbourg
10.15 - 10.45	Keynote 1: Positive effects of forests on human health and well-being. What does research say? <i>Speaker: Dr. Liz O'Brien</i> <i>United Kingdom – Forest Research - Head of Social and Economic Research</i>
10.45- 11.15	Keynote 2: Education of Forest health trainers as forest therapists <i>Speaker: Prof. Otmar Fuchß</i> <i>Germany - University of Applied Forest Sciences Rottenburg</i>
11.20- 11.40	Topic related poll by moderation for the plenary - Introduction by Moderator - Launch of the poll
11.45- 12.00	Evaluation of the poll
12.00 - 13.00	Break



LE GOUVERNEMENT
DU GRAND-DUCHÉ DE LUXEMBOURG
Ministère de l'Environnement, du Climat
et du Développement durable



Administration
de la nature et des forêts



15th EU Forestpedagogics Congress - Luxembourg

Forests for Human well-being – more important than ever

PROGRAM

Wednesday, 2nd June 2021

Time

Occasion

13.00- 14.00

Keynote 3*:

Forestbathing and Foresttherapy – Mindfulness for whom and what?

Speaker: **Verena Schatanek**

Switzerland – Experienced Forest Pedagogue

Rolf Jucker

Switzerland – Environmental Educator – Managing Director SILVIVA

(*) Keynote 3 includes break-out sessions (Pre random selection)
with topic specific questions

14.10

Summary / congress conclusions

Dirk Schmechel

Leader (coordinator) of the Forest Communicators Network-Subgroup
Forest Pedagogics, Bavarian State Institute of Forestry (LWF)

14.30

Announcement of the 16th EU Forestpedagogics Congress'22

Christian Stocker (Silviva – Switzerland)

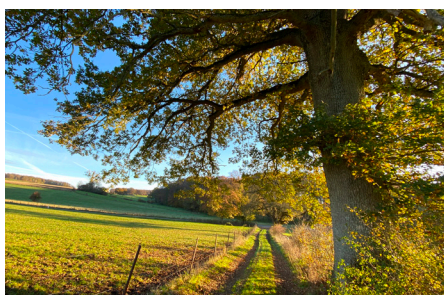
15.00

End of congress

Closing speech

Serge Hermes

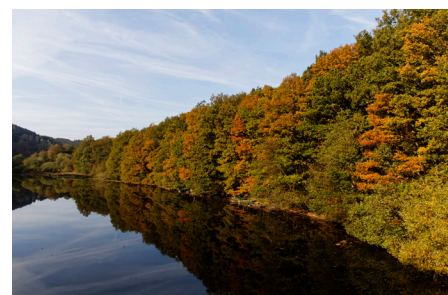
Organizer 15th EU Forestpedagogics Congress



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15th EU Forestpedagogics Congress - Luxembourg

Forests for Human well-being – more important than ever

PROGRAM

Thursday, 3rd June 2021

Discovering mindfulness activities from EU Forestpedagogics Network Member States:

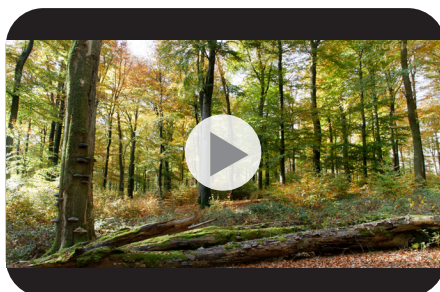


Don't hesitate and consult the short films proposed by different members from the EU Forestpedagogics Network. These videos, posted on the organizations website as part of the congress, are unlocked on that page from 3rd of June.

www.eufpc.lu



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