### 15<sup>th</sup> EU Forestpedagogics Congress

Luxembourg, 11th - 13th MAY 2020



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You are heartily invited to participate in the 15<sup>th</sup> EU Forespedagogics Congress. The meeting is hosted by the Ministry of the Environment, Climate and Sustainable Development, the Nature Conservation Agency, the Forest Communicators' Network- Subgroup- Forest Pedagogics and the Association of Luxembourgish Foresters.

The topic of this year's congress is **"Forests for Human well-being - how Forestpedagogy contributes".** 

The evidence on the importance of forests and nature areas, as a whole, for human well-being is growing. Forests provide a wide range of ecosystem services and are important recreation areas for physical activities, stress relief and relaxation. A ride through the forest, as a place of quietness, can especially be considered as a privileged mo-

ment to escape from the daily life in order for reinvigoration. These experiences help people to reconnect with nature and to awaken their senses.

According to the topic, this year's congress aims to emphasize the well-being functions of our forests with a view to stimulate a holistic forest pedagogical approach and to promote cooperation between the different stakeholders.



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# MONDAY, 11<sup>th</sup> May

Time	Occasion
	Arrival in Luxembourg
	Hotel - Check in
	Shuttle bus from Luxembourg International Airport or Train station available
17.30	Shuttle bus transfer from Hotels to meeting point
18.00 - 21.00	ICEBREAKING
	Guided tour through a typical winegrowing village (Ehnen) & vineyards in cooperation with Regional Tourism Office and winetasting
21.30	Return to Hotels



Remerschen, Biodiversum, nature reserve © Mireille Feldtrauer







# TUESDAY, 12th May

Time	Occasion	TIES SECTION OF THE PROPERTY O
8.00	Shuttle bus transfer from Hotels to meeting point	Congress Language: The main congress language will be English. Interpreters will provide a simultaneous translation (German/
8.30	Arrival at Congress Center (Biodiversum)	French/English) of presentations from keynote speakers.
9.00 - 9.30	Opening of the congress: Michel Gloden - Mayor of Schengen  Welcome speech Dr Frank Wolter - Director of the Nature Conservation A	gency Luxembourg
9.30 - 10.15	Key-note speech: Positive effects of forests on human health and well-being Liz o'Brien Dr Liz o'Brien is head of a dynamic Social and Economic Focuses on understanding the complex relationships between the environment and society	Research Group that
10.15 - 11.00	Key-note speech: Training of forest health / mindfulness trainers & fore and touch points with forest pedagogy  Prof. Otmar Fuchß Highschool Rottenburg, Germany	est (mindfulness) therapists
11.00- 11.15	Break	
11.20- 12.30	Market of activities 6-8 activities within a round-parcours of 2,5 km (see de	etails on page 7)



Remerschen, Congress Center Biodiversum
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# TUESDAY, 12<sup>th</sup> May

Time	Occasion
12.30 - 13.45	Lunch
14.00 - 14.15	Project presentation "Forest Lounge - reconnect with nature - a virtual experience aiming to reconnect people with nature  Dr. Laurent Schley - Deputy Director - Nature Conservation Agency Luxembourg
14.30- 15.00	Welcome speech Carole Dieschbourg - Minister of Environment
15.00- 17.00	Worldcafé - "Human well-being and Forestpedagogy" 8-10 groups working in 3 rounds of 20 minutes; Share collective discoveries in the plenum
	15 <sup>th</sup> EU FPC-participants create new points of view through discussions. They pool their information and examine it from various angles. They integrate their diverse individual perspectives into a new collective perspective  The conclusions will be presented to the audience
17.15	Return to Hotels: Shuttle bus transfer from congress location to Hotels and back to the "dinner" meeting point
19.00- 22.00	Dinner offered by Minstry of Environment
22.15	Return to Hotels: Shuttle bus transfer back to Hotels



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# WEDNESDAY, 13<sup>th</sup> May

Time	Occasion
8.00	Shuttle bus transfer from Hotels to meeting point located in Berdorf ("little Luxembourgian Switzerland")
9.00	Arrival in Berdorf
9.00 - 9.10	Opening of 2 <sup>nd</sup> congressday  Joe Nilles - Mayor of Berdorf
9.15 - 09.55	Key-note speech: What happens when we reconnect to nature?
FR	Marieke Kremers Nature coach and Wildlife Manager, Assistant at the Nature Conservation Centre "A Wiewesch"
10.00 - 10.45	Key-note speech: Forest therapy and Forest pedagogy - similarities, intersections and incompatibilities  Dirk Schmechel
• •	Leader (Coordinator) of the Forest Communicators Network- Subgroup- Forest Pedagogics, Bavarian State Institute of Forestry (LWF)
10.50 - 11.00	Preparations for field trips in the forest  Self service - backpack catering with regional products to take away no waste concept
11.30 - 15.00	6 Field trips "Forestbathing in Forestpedagogy excursions with experts-tandems of a forestpedagog and a forest health coach (see details on page 8)
16.00 - 17.00	Closing ceremony outside at the Amphitheatre Berdorf (former millstone quarry)
17.00 - 20.30	Dinner at the Amphitheatre accompanied by music END OF CONGRESS
21.00	Return to Hotels on organized buses





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# THURSDAY, 14th May

Time	Occasion
9.00	Guided tour - Luxembourg City (old town & lunch)
14.00	EU Monument & Museum of Schengen



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© Municipality of Schengen







### Market of activities

We invite everyone to propose activities for the Market of Activities, which will last one hour altogether. Participants of the congress will walk in groups from station to station. The check points where activities take place are situated quite close to each other so that the time to walk from one checkpoint to another is very short (see map). If you want to contribute an activity to the market, please send it to <a href="mailto:serge.hermes@anf.etat.lu">serge.hermes@anf.etat.lu</a> before 1st April 2020.

#### HAFF RÉIMECH



The proposal (English) must include:

- Short Title (max. 15 words, one line)
- Short presentation of the workshop leader (m/f) (name, role, institution)
- The place: We will try to find a suitable place for your activity. Therefore we need a detailed description regarding you requirements
- The duration of one single activity must not exceed 10 minutes
- Description of the activity:
  - o What will be done?
  - o What is the aim of the activity?
- The equipment/material:
  - o What kind of equipment or material is needed?
  - o Please note that you will need to bring all the equipment needed for your activity yourself.
    Only in exceptional circumstances can the organizer offer equipment.

The organizing institutions and the FCN-Subgroup Forestpedagogy will choose the activites from the proposals to make an interesting and diverse Market of Activites.







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### Tandem excursions (13th May 2020)

#### Aim of the tandem excursions

- Developing partnerships between forest pedagogical and human well-being sector (showing intersections)
- Enhancing understanding & implementation within the two sectors
- Discovering nature with all your senses
- Stimulating discussions about challenge and opportunities
- Discussing about expectations of different target groups (young children elderly people)
- Experience the multitudinous societal and ecological services through activities
- Show how careful use and forest management can be combined



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## 6 Field-trips (+/-5 km) Programme design:

- Each tandem excursion is led in cooperation by a forestpedagogue and a foresthealth-trainer
- During the trip the two guides show some typical "forest-bathing-activities" as well as some forestpedagogy-activities focusing on human wellbeing
- Duration: 11.30-15.00
- Each tandem excursion will accommodate ca. 20 participants
- Participants are invited to select their trip on the first congress day

#### **Special requirements:**

- Outdoor clothing (hiking boots)
- Small backpack



















#### 15<sup>th</sup> EU Forestpedagogics Congress - Luxembourg, 11<sup>th</sup> - 13<sup>th</sup> MAY 2020

#### Registration:

Registrations has to be submitted by filling in the online registration form on the conference website: www.eufpc.lu

You will receive electronic confirmation of your registration.

#### **Conference fee:**

Regular: 150 Euro Students: 110 Euro

#### Optional (14th May, 2020):

Guided tour of Luxembourg-City & Museum of Schengen: 50.- Euro

#### Payment:

Please note that your registration is valid only after full payment! If the costs of your registration are not covered by your institute, then please don't forget to note down your HOME ADDRESS on the transfer. Payment Method: **Wire Transfer** 

#### Bank details:

Account number: IBAN LU22 0030 1388 1744 0000

BIC code: BGLLULL

Bank address: BGL BNP Parisbas SA- 50, avenue J.F. Kennedy- L-2951 Luxembourg

Beneficiary name: Association des Forestiers Luxembourgeois (AFL),

Beneficiary address: Association des Forestiers Luxembourgeois, Burfelt 1, L-9660 Insenborn

As the payment communication, please use <u>15 EU FPC 2020</u> and <u>your full name</u> or <u>15 EU FPC 2020</u> <u>+ OPTION</u> and your full name.

#### **Cancellation policy:**

No refund will be possible after 20<sup>th</sup> April 2020.







#### Venue and accommodation

There are many possibilities for accommodation. Participants are requested **to book their rooms themselves after reception of the confirmation of registration.** 

Some hotels and hostels offer special prices for participants of the congress, but only before 1st April 2020. Remember mentioning your congress participation when making your booking.



#### Youthhostel Remerschen

remerschen@youthhostels.lu 31 Wäistrooss L-5440 REMERSCHEN (Schengen)

Tel.: (+352) 26 27 66-700 www.youthhostels.lu



#### Hôtel de l'Esplanade

esplanad@pt.lu 5 Esplanade L-5533 REMICH

Tel.: (+352) 23 66 91 71 www.esplanade.lu



#### **Hôtel Saint-Nicolas & Spa**

reception@snhotel.lu 31 Esplanade L-5533 REMICH

Tel.: (+352) 26 66 3 www.saint-nicolas.lu



#### **Hôtel Ecluse**

reservation@hotel-ecluse.lu 29 Wäistrooss L-5450 STADTBREDIMUS

Tel.: (+352) 23 61 91 91 www.hotel-ecluse.lu





### **Travel information**

Information on travelling to and within Luxembourg:



TRAIN:

Luxembourg: Central Train Station

Germany: PERL Train Station (48' from Trier) (5' by car from Congress Location)

Please note that from 1<sup>st</sup> March, public transportation in Luxembourg is free of charge. So, you can also travel on your own from the main train station or Luxembourg Airport to the hotel.

Further informations on: https://www.mobiliteit.lu/en/

#### **PLANE:**

Airport Luxembourg

#### CAR:

From Germany A8

On request, shuttle bus transfers are organized from main train station and Airport Luxembourg or Train Station Perl (Germany)







### **Contact**

The 15<sup>th</sup> European Forest Pedagogics Congress 2020 is hosted by the Ministry of the Environment, Climate and Sustainable Development, the Nature Conservation Agency (ANF), the Forest Communicators Network-Subgroup-Forest Pedagogics and the Luxembourgian Forester Association (AFL).

In case of any questions, please contact

#### **Serge HERMES** or **Frank ADAM**

Nature Conservation Agency: e-mail: eufpc@mev.etat.lu

#### Phone:

(+352) 247 56623 - (+352) 621 202 124 (mobile) (+352) 247 56761 - (+352) 621 202 158 (mobile)

#### **IMPORTANT DATES:**

**10**<sup>th</sup> **February - 31**<sup>st</sup> **March** Registration & submission of proposals for market of activities

**10**<sup>th</sup> **April** Authors are informed about the status of their proposals

Final program is published on website

**11<sup>th</sup> - 13<sup>th</sup> May** Congress **14<sup>th</sup> May** Optional day

https://www.visitmoselle.lu

https://www.naturpark-mellerdall.lu https://www.visitluxembourg.com

https://environnement.public.lu/fr/publications.html?b=120



